



SCHOOL NURSE REFERRAL FORM

Child/YP Name*		School*	
Date of Birth* 07/08/20136		Year Group/Tutor	
		GP Practice and Tel	
		NHS Number	
		Young person mobile number (if relevant)	
Consent / permission			
Are the parents / carers aware of this request?	Yes No <input type="checkbox"/> If No state why:		
Is the young person aware of and consents to this referral? (Age appropriate)	Yes No <input type="checkbox"/> If No state why: Please ensure YP is aware of context of this referral and consents to a school nurse assessment / intervention		
Who gave consent to referral?	Parent Carer/Guardian <input type="checkbox"/> Young Person <input type="checkbox"/>		
Parents/Guardian Names Do they have PR for Child/YP? Yes No <input type="checkbox"/>			
1)		Tel: Email:	
2)		Tel: Email:	
Does parent/carers prefer contact by (please tick) Email <input type="checkbox"/> Phone/text <input type="checkbox"/> Post <input type="checkbox"/>			

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Reason for referral (Please provide all relevant information)		
What needs to change?		
What interventions have already been tried?		
Is the child / Young Person / family open to any other services?	CAMHS <input type="checkbox"/> Young Somerset <input type="checkbox"/> School Counsellor MHST <input type="checkbox"/> Children Social Care <input type="checkbox"/> FIS <input type="checkbox"/> PFSA <input type="checkbox"/> SENCO <input type="checkbox"/> Other:	
If the child young person is registered in school for <i>emotional wellbeing referrals</i> is the Senior Mental Health Lead aware of the referral?	Yes <input type="checkbox"/> No <input type="checkbox"/>	
Referred by*		Signature of referrer
Date Referred*		Electronic signature
Role of referrer: parent		

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Referrers contact details* (mobile and email)	
As above	

Please return completed form to: snadmin@somerset.gov.uk

Somerset School Nurse Team offer and referral criteria

- Brief advice and signposting to resources and other services for young people and children, parents / carers, teaching staff to manage physical, emotional and social wellbeing of school aged children (whether children are registered in school or electively home educated).
- Getting help through a targeted brief intervention contact to provide with information and assess the readiness for change, including:
 - healthy lifestyles (diet, sleep, oral health, physical activity, personal care),
 - linking with specialist teams around long-term conditions (allergies, asthma, diabetes, epilepsy) for health issues outside of specialist pathways
 - primary nocturnal enuresis
 - understanding healthy relationships
 - resilience building – psychosocial education
 - keeping safe, options for managing substance misuse including drug, alcohol, smoking and vaping
- Navigation of health system and advice / supported referral into specialist services.
- Support to access the universal health offer for those groups who have additional health needs
- **Emotional wellbeing** - Any child or young person considered **at risk** due to their emotional health should be referred directly to ED, their GP or CAMHS SPA phone: 0300 1245 012. If child / young is registered in school please consider seeking consent to liaise with the Senior Mental Health Lead.
- **Safeguarding concerns** – Any child or young person who could be considered in danger can be referred to Children's Social Care by phoning **0300 123 2224** or emailing them at childrens@somerset.gov.uk. Otherwise, contact the police directly by dialling 101, they will discuss with Children's Social Care what action should be taken.
- Referrals not clinically suitable for a brief intervention (complex, long-term, where other services are able to meet a need) will be discussed with the referrer to advise on other possible routes to support the child / young person

Information Sharing:

It is important to ensure that the parent/carer is aware that the information detailed in referrals made to School Nursing may be shared with other health professionals and external agencies closely associated with health professionals such as education and social services. More information and opt out of sharing at [Information Governance \(somerset.gov.uk\)](https://www.somerset.gov.uk/information-governance)

Appendix One

Detailed referral criteria to support your referral. Please tick the boxes of the needs of this child/young person

Physical Health			
Accepted by School Nursing		Not Accepted by School Nursing	
Long term conditions (allergies / anaphylaxis, asthma, diabetes and epilepsy) - unmet health needs outside of specialist pathways and navigation of health system to identify training providers, identifying responsibility for health care plans, directing to guidance / policy.	<input type="checkbox"/>	Specialist care for management of long-term conditions (allergies/ anaphylaxis, asthma, diabetes and epilepsy) including writing health care plans, direct delivery of training (<i>Advise specialist nurse teams</i>)	<input type="checkbox"/>
General healthy lifestyles advice – dietary advice, physical activity, personal care including oral health, sleep management.	<input type="checkbox"/>	Specialist interventions for weight management, eating disorders, ongoing height and weight measurement (<i>Advise GP assessment, discuss CAMHS SPA</i>)	<input type="checkbox"/>
Development expectations, audiology referrals, dietary advice as a response to NCMP using compassionate approach to health weight management.	<input type="checkbox"/>	Audiology and ophthalmic screening	<input type="checkbox"/>
Accessing the universal health offer i.e. immunisation or navigation of health services for those children who may experience unequal health outcomes (children / young people with SEND, military families, electively home educated)	<input type="checkbox"/>	Referrals where specialist pathway exists e.g. specific sensory difficulties, speech and language concerns, occupational therapy requests and where physiotherapy is indicated (<i>Advise review of Local Offer, specialist teams listed</i>)	<input type="checkbox"/>
Puberty advice for children and young people	<input type="checkbox"/>	Harmful sexualised behaviours, management serious sexual assault eg: perpetrators or victims of rape, use of sexualised language in younger children (<i>Consider referral to children's social care</i>)	<input type="checkbox"/>
Sexual Health and C Card Service for young people – in context of healthy relationships over 13 only	<input type="checkbox"/>	Young people presenting with complex sexual health issues	<input type="checkbox"/>
Very brief intervention to assess readiness for change and management into specialist services to manage substance misuse (alcohol and drugs) and smoking / vaping cessation	<input type="checkbox"/>	Direct management of drug or alcohol addiction, smoking cessation (<i>Advise referral to SDAS or Smoke Free Somerset</i>)	<input type="checkbox"/>
Primary nocturnal enuresis – (bed wetting) Advice and support on toilet training (for those children who have not had any specialist support) and prevention of chronic constipation	<input type="checkbox"/>	Daytime urinary symptoms, secondary enuresis, constipation, encopresis, continence product provision, toileting support for children with diagnosed LTC and SEND (<i>Advise GP and./ or discuss referral into Specialist Paediatric continence service</i>)	<input type="checkbox"/>



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Emotional Wellbeing/Mental Health			
Accepted by School Nursing		Not Accepted by School Nursing	
Resilience building and psycho-social education that contributes towards mental wellness (brief intervention contact)	<input type="checkbox"/>	Mild to moderate emotional / mental health issues and / or where there is other professional involvement (e.g. ELSA, counselling, early help service, young somerset) Anxiety and panic attacks Low mood and worry Persistent emotionally based school avoidance Phobias Stress management including exams <i>(Consider MHST: education mental health practitioners, whole school approach, early intervention service, young somerset)</i>	<input type="checkbox"/>
Normalising emotions and using positive coping strategies to manage feelings including early stage emotionally based school avoidance (suitable for a brief intervention contact)	<input type="checkbox"/>	Awaiting support for more severe mental health issues, mental health diagnosis or current professional involvement: Trauma support, under CAMHS or on waiting list On waiting list for school-based counselling Suicidal ideation Persistent and moderate self-harm behaviors Body image issues (dysmorphia) High risk self-harm e.g., overdoses, burns, wounds requiring dressing Teams associated with children's social care / safeguarding pathways <i>(Discuss with GP, CAMHS SPA, Childrens Social Care)</i>	<input type="checkbox"/>

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Navigation of health system to understand emotional health and wellbeing offer or to identify resources e.g., negotiating transitions	<input type="checkbox"/>		<input type="checkbox"/>
Health literacy, parental / carer signposting to services and resources to support children/young people with positive emotional wellbeing e.g. Kooth, Tellmi	<input type="checkbox"/>		<input type="checkbox"/>
Safety planning (early intervention work) for children that are a victim of domestic abuse that sits outside of safeguarding referral pathways overseen by Children's Social Care.		<p>Children that require specialist support due to ACE's / trauma (see separate safeguarding referral criteria)</p> <p>Children that have experienced / witnessed domestic abuse, parental substance misuse</p> <p><i>(Consultation with Children's Social Care, consider SIDAS / SDAS)</i></p>	

Social/Behavioural			
Accepted by School Nursing		Not Accepted by School Nursing	
Psycho-social education to manage social situations and behaviours (withdrawing from friendships, erratic sleep routine, poor diet)	<input checked="" type="checkbox"/>	Behaviour management that requires intervention over several sessions Risky and challenging behaviours e.g. jumping out of moving vehicles Repeated behaviours, fear of social situations Exam fear <i>(Consider MHST, Young Somerset, safeguarding pathway)</i>	<input type="checkbox"/>
Support for parents / carers around health literacy and to navigate wider system offer e.g. identifying parenting courses and online resources	<input type="checkbox"/>	Parent support where needs cannot be met via a brief intervention contact Referrals for parenting courses <i>(Consider EHA for level 3, MHST, PFSA and new SC parenting offer)</i>	<input type="checkbox"/>
Healthy relationship advice & education including consent	<input type="checkbox"/>	Bullying/discrimination Abusive relationship support <i>(Consider safeguarding pathway)</i>	<input type="checkbox"/>

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	<input type="checkbox"/>	Behaviours linked to diagnosis that require a specialist pathway e.g. diagnosis or assessment related to neuro-diversity (<i>See Local Offer</i>)	<input type="checkbox"/>
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